Lieutenant Charles Spencer was born in Chattanooga, Tennessee where he graduated from Brainerd High School in 1990 and enlisted in the Navy.

After completing Recruit Basic Training in San Diego, California, he attended Aviation Ordnanceman "A" School in Millington, Tennessee. He served at the following commands as an Aviation Ordnanceman over 10 years; USS America CV-66 1991-1995 as flight deck ordnance serving in Desert Storm, NAS Oceana Weapons 1995-1998 as a Small Arms Instructor, USS Eisenhower CVN-69 1998-2001 as the Small Arms and Demo Magazine Leader. He was selected for the Enlisted Commissioning Program where he graduated cum laude with a Bachelor of Science Degree in Interdisciplinary Studies from Norfolk State University.

LT Spencer was selected and commissioned as a Special Operations Officer trainee where he attended training at the Naval Diving and Salvage Training Center (NDSTC) in Panama City Florida. After graduating NDSTC he served aboard the USS Grapple, ARS-53 from 2004-2006 as a Surface Warfare Officer, Basic Diving Officer, the Electrical and Navigational Officer. He then attended Explosive Ordnance Disposal School in Eqlin Air Force Base in Ft. Walton, Florida from 2006-2007. He reported to EODMU TWO and later transferred to help stand up EODMU TWELVE where he deployed to MNF-W Iraq as Platoon Commander of EODMU12 Company TWO Platoon TWO in support of Operation Iraqi Freedom from February 2008-September 2008. He later reported to RIVRON THREE and served as the Officer-In-Charge of Detachment THREE from 2009-2011 were he deployed a second time in support of Operation Iraqi Freedom. His last tour was serving as the Officer-In-Charge of EODMU3 Detachment China Lake in support of Naval Air Warfare Center, Weapons Division (NAWCWD) research, development, acquisition, testing and evaluation (RDAT&E) of cutting-edge weapons systems.

He continues to mentor, motivate, and spread awareness about the Navy and Special Operation programs in the inner city through swim and fitness clinics. He currently serves as the Mid-Atlantic Regional Director for TEAM EAGLE ONE, The official outreach program from US Naval Special Warfare, a call-to-action to spread awareness among diverse men (16-24) about the career opportunities available in Naval Special Warfare.